

# 44<sup>th</sup> Annual 2011 Capital One Bank Dallas YMCA Turkey Trot Registration

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**Help us go green!**  
**Register Online at**  
[www.thetrot.com](http://www.thetrot.com)  
**at the same price**  
**as mail-in!**

NAME of RUNNER \_\_\_\_\_

**(Please fill out separate form for each person, Trot Tot or dog registered)**

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

DAY PHONE ( ) \_\_\_\_\_ EVENING PHONE ( ) \_\_\_\_\_

AGE (as of 11/24/11) \_\_\_\_\_ DOB \_\_\_\_\_ MALE \_\_\_ FEMALE \_\_\_ Est. 8-mile time for seeding \_\_\_\_\_

- EVENT:**
- \_\_\_ 8 Mile Race – Not Timed (Start Time 9:00am)
  - \_\_\_ 8 Mile Race – \*Chip Timed (\$5 timing charge) (Start Time 9:00am)
  - \_\_\_ Wheelchair (8 mile course) (START TIME 8:59 a.m.)
  - \_\_\_ 5K Fun Run/Walk – Not Timed (Start Time 9:00am)
  - \_\_\_ 5K Fun Run/Walk - \*Chip Timed (\$5 timing charge) (Start Time 9:00am)

**Check out the**  
**Trot Store at**  
[www.thetrot.com](http://www.thetrot.com)

**Are you a member of the YMCA?**  Yes  No

**Would you like to receive email updates about the Trot?**  Yes  No

**FEES:** \*Please add \$5.00 per person to the fee if you wish to be chip timed  
 \_\_\_ \$10 – **Dog Registration** (includes bandana & race bib) *(Please fill out separate registration form)*

\_\_\_ \$15 – **Trot Tot Registration** – Run/walk with Mom & Dad in the 3 miler!  
 6 years and younger – includes short-sleeved Youth Small  
 race shirt and official race number! *(Please fill out separate registration form)*

\*\$25 – **Early Registration** (online by 11:59pm 11/9/11 or postmarked by 11/9/11)  
**Mail-in registration is over after this date! Please do not mail forms after November 9<sup>th</sup>.**  
 (Luke's packet pick-up 11/16-11/23 OR Race Day at City Hall)

\_\_\_ \*\$30 – **Event Registration at Luke's 11/16-23 & Late Online Registration 11/10-11/23**  
*Walk in registration with packet pick-up 11/16-23 – Online ends @ 11:59pm 11/23/11*

\_\_\_ \*\$40 – **Race Day Registration 11/24** – at City Hall Plaza underground parking

**SHIRT SIZE (LONG SLEEVED, 100% COTTON, 7-COLOR DESIGN)**

\_\_\_ Trot Tot (short-sleeved youth small) \_\_\_ Youth Medium (10-12) \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL

**Fees must accompany Registration Form. Make checks payable to YMCA.** Mail to: **Turkey Trot, 601 N. Akard, Dallas, Texas 75201.** Entry fees are non-refundable. Please note: One participant per entry form. Photocopies accepted. Race Day pick-up available for Pre-registered runners.

**Packet Pick-up Locations (check choice)**

- \_\_\_ Luke's Dallas  
**HAS MOVED TO A NEW LOCATION!**  
 3046 Mockingbird Ln  
 Dallas, TX 75205  
 (near SMU)  
 214-528-1290
- \_\_\_ Luke's Allen  
 469-854-6244
- \_\_\_ Luke's Colleyville  
 817-849-1562
- \_\_\_ Luke's Plano  
 972-398-8660
- \_\_\_ Race Morning  
 Dallas City Hall  
 7:15 a.m. – 8:50 a.m.

**Note: If pick-up selection is not made, packet will be available at Luke's Dallas. If it is not picked up at Luke's, it will go to City Hall**

Runner's Signature \_\_\_\_\_ Date \_\_\_\_\_

(If runner is a minor) Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**ENTRANT'S RELEASE: Entry invalid if not signed.** In consideration of the acceptance of this registration entry, I, the above signed, assume full and complete responsibility for any injury or accident, which may occur during my participation in the event, or while I am on the premises of this event. I hereby release and hold harmless the sponsors, promoters, contributors and all other persons and entities associated with this event and their agents or employees from any and all injury or damage whether such injury or damage be caused by the negligence, the gross negligence, or misrepresentation of the sponsors, promoters, contributors, or any other person or entity associated directly or indirectly with the event or their agents or employees. I will not enter or participate unless medically able and properly trained. I also know that, although police protection will be provided, there may be traffic on the course route. I assume the risk associated with this event, including but not limited to high heat and/or humidity, and the conditions of the roads, all such risks being known and appreciated by me. Fees are non-refundable. I expressly assume the responsibility for any and all acts committed by my dog(s) that result in bodily injury or property damage. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion picture, recordings, or any other record of the event. I have read the foregoing and certify my agreement or my parent's or guardian's if under 18.